Course Description
This conference will provide participants with knowledge of the most common nerve impingement syndromes in the upper extremity and most current, evidence based information on lateral elbow pain and treatment. Experienced surgeons and therapists have collaborated and will present an integrated approach to diagnosis and treatment of these common upper extremity disorders.

Objectives
At the conclusion of this conference, the participants will be able to:

- Describe the pathophysiology of nerve compression in the upper extremity and identify common areas of impingement.
- Understand common surgical procedures for releasing compression of Median, Ulnar, and Radial Nerves
- Formulate a therapy treatment plan for both the non and post-operative patient.
- Identify anatomy of the lateral elbow and understand the pathology of Lateral Epicondylitis
- Integrate science and clinical reasoning to develop a program for managing both non-operative and post-operative Lateral Epicondylitis.
- Show proficiency in two types of taping techniques and mobilization techniques for lateral elbow pain.

Target Audience
Physical therapists, Occupational therapists and students. Moderate to Advanced Level Course

Contact Hours
5 contact hours will be provided at the conclusion of the program
Hartford HealthCare Rehabilitation Network presents:
Upper Extremity Symposium

Current Concepts in: • Nerve Compression in the Upper Extremity • Lateral Epicondylitis

Located in the Jefferson Building, Room 118
Hartford Hospital

7:30-8:00am  Registration and Breakfast
8:00-8:10am  Welcome and Introductions
8:10-9:10am  Kevin Burton, MD
Pathophysiology of Nerve Compression, 

9:10-10:30am  Rachel Fraser, OTR/L, CHT
Anatomical Pathways of Radial, 
Median and Ulnar nerves and common sites of compression in the Upper Extremity, Overview of Risk Factors and Symptoms of Compression Neuropathies, Evaluation and Therapy Tx of both non-surgical and post-operative Care for Common UE Nerve Compression.

10:30-10:40am  Lab - Neural Tension Testing of the Upper Extremity
10:40-10:55am  Break
10:55-11:55am  Nicholas Bontempo, MD
Lateral Epicondylitis –Lateral Elbow Anatomy and Pathology, Diagnosis, Non-operative treatment including autologous blood injection (ABI) or platelet-rich plasma (PRP) , Surgical options and outcomes.

11:55-12:55pm  Mary Drake, OTR/L, CHT
Lateral Epicondylitis: Evaluation, Education and Formulating a treatment plan based on research, best practices and experience.

12:55-1:15pm  Lab - Taping and Mobilization Techniques for Lateral Epicondylitis

Directions
To parking at the Hudson Street garage

Traveling east
Take I-84 E to Hartford. Take the Capitol Avenue Exit 48-B (a right hand exit). At the end of the ramp between the State Capitol Building and the Legislative Office Building, turn left onto Capitol Avenue and turn right onto Washington St. (at the equestrian statue of Gen. Lafayette). Continue south to the fourth traffic light and turn left onto Jefferson St. At the second traffic light, turn left onto Hudson St. The entrance to the garage will be on your right.

Traveling south
Take I-91 S to Hartford. Take the Capitol Area Exit 29A (a right hand exit). Keeping in the right lane, take the first exit (Columbus Boulevard/Convention Center) and turn left crossing the Colum¬bus Boulevard Bridge. **Continue through five (5) traffic lights (Columbus Blvd. will curve west and uphill, becoming Wyllis St.). At the fifth traffic light, continue straight, crossing Main St. onto Jefferson Street. At the first traffic light on Jefferson St., turn right onto Hudson St. The entrance to the garage will be on your right.

Traveling west
Take I-84 W to Hartford. Take the “Downtown Hartford” Exit 54 (a left hand exit) over the Founders Bridge and guide your vehicle to the far left lane. At the bottom of the bridge, turn left onto Colum¬bus-Boulevard, travel past the Convention Center and across the Columbus Boulevard Bridge. **Follow remaining directions above.

Traveling north
Take I-91 N to Hartford, follow “Capitol Area” signs to exit 29A (a left-hand exit). Move immediately to the right lane and take the first exit (Columbus Boulevard/Convention Center) and turn left crossing the Columbus Boulevard Bridge. **Follow remaining directions above.

When you approach the garage, give the Security Officer present your name. If no officer is present, press the button on the access station at the gate and give your name.

Directions to the class room will be given when registering.

Registration required

Please mail or fax registration to:
Hartford HealthCare Rehabilitation Network
c/o Jennifer Hertell
181 Patricia M. Genova Drive
Newington, CT 06111
860.696.2550 tel
860.696.2525 fax

Registration Form
Last Name ___________________________  First Name ___________________________
Address ___________________________  City ___________________________ State ______ Zip ______
Phone ___________________________  Email ___________________________

q OT/OTA ($99.00)  q PT/PTA ($99.00)
q Student ($24.99)  q Other __________
q Check enclosed
Credit Card info
q Visa  q Mastercard
Credit Card # ___________________________
Exp. Date ___________________________  Security Code __________
Cardholder Name ___________________________
Card’s Billing Address (required)
_________________________  ___________________________
_________________________  ___________________________
_________________________  ___________________________

Amount of Payment ___________________________
Signature ___________________________

Speakers

Kevin J. Burton, MD – completed a Hand and Microvascular Surgery Fellowship at the Hospital for Special Surgery in NYC. Dr. Burton practices Hand, Wrist and Elbow surgery with Orthopedic Associates in their Farmington, Glastonbury, and Rocky Hill Offices.

Rachel Fraser, OTR/L, CHT – is the Senior Clinical Therapist at Hartford Hospital Rehabilitation Network and specializes in Hand and Upper Extremity Rehabilitation. Rachel is currently a clinical instructor for Baypath College and a member of the New England Hand Society and has presented to the American Society of Hand Therapists.

Nicholas A. Bontempo, MD - completed his Hand and Microvascular surgery fellowship at Brown University in Providence, RI. Dr. Bontempo practices with Orthopedic Associates in their Plainville, Farmington, and Glastonbury and Rocky Hill offices. He specializes in treating the hand, wrist and elbow.

Mary Drake, OTR/L, CHT - is the Director of Hand Therapy Services at Hartford Hospital Rehabilitation Network. Mary is a Charter Member of the American Society of Hand Therapists and has served two terms on the ASHT Board as the International Affairs Chairperson. She was also the Therapy Liaison to the New England Hand Society.